## **Different Journeys Lower Plenty Blokes Dinner**

We are looking forward to seeing you at our Lower Plenty Blokes Dinner. If it is the first time you have been to a Blokes Dinner we have put together some information so you can be prepared. If you have any questions you can ask the Different Journeys staff.



### Located: Lower Plenty Hotel



# **Lower Plenty.**

This is the entrance and where you will come in.

#### What will happen

- When you arrive you will see the Different Journeys staff
  - they will be wearing clothing with the logo on it. -
- When you enter, check in with the Different Journeys staff.
- There are no set activities, you can chat with staff, chat with other carers or sit quietly having a meal.
- One of the Different Journeys staff might approach you and ask if you want to have a 1:1 chat. This is optional you don't have to if you don't want to.
- A drink and parma are included with entry. The venue will be open and available to purchase other things at your own cost. Cash or Card options are available.
- We hope you find it a safe space for carers.



Come enjoy a dinner in Lower Plenty. Meet other male carers and talk to our peer support team who all have lived experience. Ask us about what services and supports are available and together we can explore opportunities in a safe and supported environment. We are specialists in the neurodivergent space. **Thanks for coming to the Blokes Dinner. Blokes Dinners are** about connecting with other male carers.

We hope to see you again next time!







#### We Support Celebrations

We Provide Connections





#### We Create Communities