Different Journeys Casey Carers Cuppa

We are looking forward to seeing you at our Carers Cuppa. If it is the first time you have been to a Carers Cuppa we have put together some information so you can be prepared. If you have any questions you can ask the Different Journeys staff.



Located: Bunjil Place - Narre Warren

This is the Bunjil Place entrance and where you will come in

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What will happen

- When you arrive you will see the Different Journeys staff
 they will be wearing clothing with the logo on it.
- When you enter, check in with the Different Journeys
 - staff.
- There are no set activities, you can chat with the Different Journeys staff, chat to other carers or sit quietly having a free cuppa.
- One of the Different Journeys staff might approach you and ask if you want to have a 1:1 chat. This is optional you don't have to if you don't want to.
- The cafe will be open and available to purchase things at your own cost. Cash or Card options are available.
- We hope you find it a safe space for carers.



Come enjoy a cuppa on us at Bunjil Place in Narre Warren. Meet other carers and talk to our peer support team who all have lived experience. Staff from Australian **Multicultural Community Services will also** be present. Ask us about what services and supports are available and together we can explore opportunities in a safe and supported environment. We are specialists in the neurodivergent space.

> Australian Multicultural Community Services

Thanks for coming to the Carers Cuppa. Carers Cuppa is about connecting with other carers.

We hope to see you again next time!

